

My career journey started in a place I knew very well, the church pews. I developed a passion for those lost mentally and emotionally in darkness, poor, oppressed, and disenfranchised. It's also where I realized that many of the people all around me were struggling with present and past hurts. From the person sitting next to me; to the person in the choir; to the person serving along side me. After answering the call to full time ministry, I grasped even more the pain many in the world were also experiencing from wars, sexual abuse, domestic violence, sex slave trafficking, and poverty.

So in 2011, after earning a Bachelor of Arts degree in Christian Education from Messiah College along with a Master of Divinity in Contemporary Leadership and a Master of Arts in Counseling from Biblical Theological Seminary, I became a licensed professional counselor (LPC). My journey to effect changes in the world continued in 2013 when I received a Global Trauma Recovery Institute (GTRI) training certificate and in 2015 Master Trainer for Trauma Healing Institute Certificate Program. I also became a certified clinical trauma professional (CCTP).

From there, my life's mission to help others find healing all over the world continued. From 2014 to 2018 I was blessed to serve with the GTRI team in Rwanda, Africa training pastors and counselors in trauma healing. I also had the pleasure to lead youth mission teams serving the poor at John Perkins Ministry in Mississippi, Native American Reservation in New York and Canada, rebuilding homes after Hurricane Katrina and Rita in Louisiana.

Currently my non-profit, Quest Movement, works internationally in providing trauma-healing training, lecturing, preaching, and teaching. In addition, we have continued serving in Rwanda, providing school fees to eight children in Rwanda, and helping fund small business seed program for aging out orphans. Domestically, we've also been able to provide trauma healing training to equip pastors, counselors, and community leaders in starting and facilitating community trauma healing groups for all ages. We help churches implement adult trauma healing circles, children and teen trauma healing camps in partnership with Trauma Healing Institute. Recently, we launched generational racial trauma healing groups using *Healing Wounds of Generational Trauma: The Black and White American Experience* in which I am a co-author. I am driven to take trauma healing to the streets through equipping local churches and agencies to lead healing circles for all ages.

I have experienced a lot through this wonderful journey God has allowed me to travel on. He has used me as an adjunct professor, Co-Author, Minister, Counselor, President/Executive Director, and Business Owner to help many throughout the world. Most importantly I have come to believe and fully understand what I now consider to be my life verse, Proverbs 3:5, *"Trust in the Lord with all your heart, and lean not to thy own understanding; in all your ways acknowledge Him and he will direct your paths."* With that in mind, I remain fully committed to journeying with my clients and those I serve providing them with tools to overcome their struggles while embracing the light.

Yours in Christ,

Rev, Desiree Guyton, MDiv, MA, LPC, CCTP

[dezcounseling@gmail.com](mailto:dezcounseling@gmail.com)